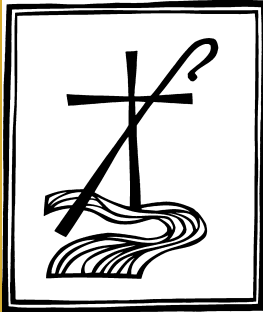


THE VOICE

SEPTEMBER 2010



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FROM THE PASTOR'S DESK

The apostles gathered around Jesus, and told him all that they had done and taught. ³¹He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. ³²And they went away in the boat to a deserted place by themselves.

~ Mark 6:30-32

Dear Brothers and Sisters in Christ,

As these last days of summer quickly evaporate into the rush of Fall activities, I keep hearing all kinds of people ask one question: "When will things slow down?" Pastor friends often joke that there is no such thing as a slow time of year any longer, and busy parents and grandparents seem to wonder how to keep pace with the hectic lives we all seem to share. Even as I write these words, my mind is swirling about all the details of the programs and events you will read about in the pages inside this publication. Things just never seem to slow down.

Yet I hear these words from Mark's Gospel as a clarion call. It's a good reminder that even as we gear up to resume classes, rehearsals, small groups, Bible studies and service projects, Jesus asks us to come away for a while. This is not an invitation to yet another vacation or more time off, but time to rejuvenate and restore, to refill the reservoir of the spirit, to be grounded in those things that can really nourish and fill us, and give us energy for the journey ahead.

So what are those things? There are many answers. Jesus invites us to rest. We can rest in the Word, in individual reading and prayer of scripture. We can rest in corporate worship, joining our voices in prayer and song. We can rest in learning together, in asking new and sometimes difficult questions about just who God is and why it even matters. We can rest in one another's presence, by sharing prayers over a cup of coffee or tea. We can rest together in our service of stitching quilt tops or baking lasagna.

I know, you may be thinking, "Rest while doing all these things?" Yes. Even when we are active, when we are working at loving God and loving neighbor, we find rest for the spirit. Whenever we step outside of our own world, to connect with God and those around us, the empty places inside us are filled up.

I have always found it interesting that in this passage from Mark 6 Jesus invites his friends to come away and rest, but they never really get to just stop and do nothing. They find a deserted place by themselves, but not for long. The crowd follows. They just can't help being close to Jesus. They listen and ask for healing, they sit and chat about who he is and what he's all about. Even when the hour grows late and they are hungry, they just can't leave. So Jesus feeds them. He takes a handful of bread and a couple of of scrawny fish and feeds them all. Jesus has what is needed to fill them up and make them whole.

I hope you have found some time for rest in Jesus over these summer months. As we look ahead to all that awaits us as a community of faith, I pray we can all find rest and renewal in our life together.

Grace and peace,

Pastor Kathy

“

2020 VISION EVENT

Saturday, October 2
9:00am—3:00pm

Why do people need Jesus? Why do people need the church? Why do people need our congregation? Where is God calling Good Shepherd to be ten years from now? How do we get there? These questions will be explored at the **2020 Vision** event on **Saturday, October 2nd from 9 a.m. to 3 p.m.** This event will be an opportunity to look at where we have been, where we are now, and where we are going through reflection on Scripture and the historic values of our congregation. **All members of Good Shepherd** are invited and encouraged to come and be a part of this important conversation about the future of Good Shepherd.

A Feast for the Soul
Good Shepherd Women's Retreat
Son and Sands Retreat Center
Ocean City, MD
September 24th- 26th, 2010
6 p.m. Friday to 3 p.m. Sunday

There is still time to sign up to attend! The deadline to register is September 13th. This time away will explore ways to deepen our spiritual lives through various practices of faith, and mutual conversation and relationship-building time. We will center our days in worship and prayer, enjoy morning walks and worship on the beach, and simply enjoy getting to know one another in community. Cost is \$60, which includes housing, meals and transportation. Sign up on the Count Me In form or on the bulletin board. Questions? Contact Pastor Kathy. All are welcome!

FALL STEWARDSHIP

Sunday, October 24
11:00 am

Good Shepherd's Fall stewardship emphasis will begin Sunday, October 3rd and will focus on four questions from Scripture:

- 1) Where are you?
- 2) What have you done?
- 3) Who is my brother/sister/neighbor?
- 4) Who do you say that I am?

Each Sunday will look at ways we grow closer to God through the use of the blessings God has given us, and will culminate with a **single festival service of celebration on Sunday, October 24th at 11 a.m., with guest preacher Pastor John Ranney.** Please mark your calendars for this celebration!

YOUTH NEWS

September Youth News

Kick-Off BBQ

Sunday, September 12th, 3:00-6:00 pm

Join the youth group as we kick off the school year! We will go on an intense scavenger hunt and enjoy a great barbeque dinner. This is a great opportunity to catch up with old friends and meet new ones!

LCS Annual Hunger Walk Run

Saturday, September 18th

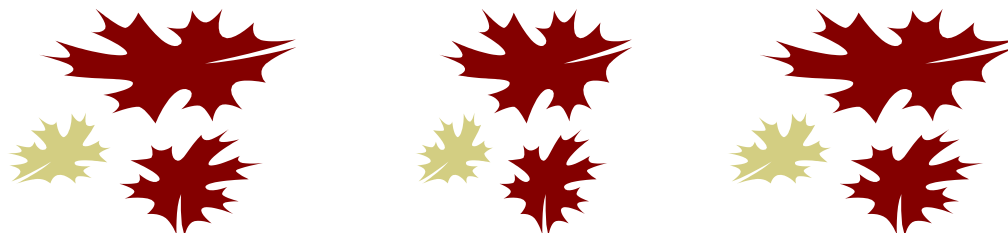
Youth Group

Sunday, September 26th, 4:30-6:00 pm

FreeRide

October 15-17 (Registration deadline 9/17)

FreeRide is the largest Delaware-Maryland Synod middle school youth event of the year!. This year FreeRide will take place at North Bay retreat center, in North East MD - just down the road! This year's theme is "Speak, serve, follow, LIVE." See Katie for more information and paperwork.



EMMANUEL DINING ROOM

We had another successful day at the Emmanuel Dining room on August 10th, feeding 185 hungry souls. As of the prior Sunday morning, we had no volunteers on the sign up sheet for Tuesday morning. All it took was one brief announcement by Pastor Bob and by the time I walked from the sanctuary to the bulletin board, we had more than enough helpers signed up. Thank you all for your dedicated service.

The week leading up to our preparation and serving in August was a busy one, hosting four families with our Family Promise ministry. That didn't stop the commitment of four caring and compassionate people to work for 2 1/2 hours in a hot kitchen. It was well worth it when you looked out into the dining room and saw the grateful faces of men, women and children that were enjoying our delicious lasagna. I encourage those of you who have not taken the opportunity to feed our less fortunate neighbors in the Wilmington area, to do so. The sign up sheet is usually posted for the next month, the day after we do the serving. It would be great if we didn't have to make a last minute reminder the Sunday before we serve.

The sign-up sheet is in place for September. Thank you in advance for your participation.

- Chet Norstrom

**EDUCATION FOR EVERYONE AT GOOD SHEPHERD
2010-2011**

SEPTEMBER 12, 2010 IS RALLY SUNDAY!

**SUNDAY SCHOOL OPENING FOR EVERYONE!
9:30 A.M. IN THE FELLOWSHIP HALL**

SUNDAY SCHOOL FOR AGES 3-HIGH SCHOOL

ADULT EDUCATION CLASS

8TH GRADE CONFIRMATION CLASS

SUNDAY ADULT STUDY

“There should be a warning label on this book: ‘Caution: Reading this book could result in the transformation of the Church.’”

– Bishop Gary M. Wollersheim, Northern Illinois Synod

In *Reclaiming the “L” Word: Renewing the Church from Its Lutheran Core*, Pastor Kelly Fryer points out how traditional Lutheran beliefs can form a strong foundation for a vibrant, dynamic, healthy church in the 21st century world. Written in an engaging and accessible style, the book still manages to raise deep and thought-provoking questions about what it means to be God’s people in the world today.

The Sunday morning adult study will be reading and discussing *Reclaiming the “L” Word* beginning **Sunday, September 12th at 9:30**. Copies will be available in the church office beginning Tuesday, August 3^{1st} or after worship on Sunday, September 5th. **Study participants are asked to read pages 4-26 in preparation for the study on September 12th. This book will also be very helpful pre-reading for the 2020 Vision event on October 2nd!**

Journey of Faith Confirmation 2010-2011

Kindergarten

Students entering Kindergarten will receive Bibles on **Rally Day, Sunday, September 12, 2010 at 8 a.m. or 11 a.m.** worship. Please call or e-mail the church office to RSVP.

3rd Grade

Students in 3rd grade will receive Bibles on **All Saints' Day, November 7th** in worship. Students and parents will meet during Sunday School that morning to talk about reading the Bible together and sharing in family devotions at home.

4th Grade

4th grade students will also receive Bibles on **All Saints' Day, November 7th** in worship. Students and parents will meet during Sunday School that morning to talk about reading the Bible together and sharing in family devotions at home. During Lent, 4th grade students will receive instruction about the sacrament of Holy Communion. Students and parents will gather on **Saturday, April 2, 2011 and Saturday, April 16, 2011 from 9:30 a.m. to noon.** Students will receive First Communion on **Palm Sunday, April 17, 2011**

5th Grade

During the season of Lent 5th grade students will be encouraged to engage in Christian service by volunteering. A class service project will be arranged.

6th Grade

An overnight retreat is planned for 6th graders to study the Lord's Prayer from **7 p.m. Friday, November 19, 2010 to 10 a.m. Saturday, November 20, 2010.** Following the retreat students will lead the prayers during worship on **Christ the King Sunday, November 21, 2010.**

7th Grade

A retreat to explore the gifts of baptism is planned for **7 p.m. Friday January 7, 2011 to 10 a.m. Saturday January 8, 2011.** We will lead the congregation in Affirmation of Baptism on **Sunday, January 9, 2011, Baptism of our Lord.** *(See note above for students who missed the Lord's Prayer retreat last fall.)*

8th Grade

Classes for 8th grade students will be held on **Sunday mornings from 9:30-10:30 a.m. beginning September 12, 2010.** We will study the Old Testament for ten weeks (September 12-November 21). Students will also be paired with a mentor who will remain with them for the remainder of the confirmation process. Eighth grade students will receive new Bibles on the first day of class during the Sunday School opening in the Fellowship Hall.

A look ahead to the future of Journey of Faith Confirmation:

- In 9th grade (beginning Fall 2011) students will study the New Testament on Sunday mornings from 9:30- 10:30 for eight weeks (mid-September through mid-November).
- In 10th grade (beginning late November 2012) students will study Lutheran basics and the Creed for eight weeks (late November through mid-February). Students will also spend time writing a Statement of Faith in preparation for the Rite of Confirmation.
- In 11th grade (beginning fall 2013) students will share in a one day retreat to look back on the Journey of Faith Confirmation process and prepare for Confirmation. The Rite of Confirmation will be celebrated on Reformation Sunday, October 27, 2013.

Notes to the Congregation

From the Council President, John Crum

The prayers I wish to feature for this month are ones that are near and dear to my heart. My mother was a kindergarten teacher during the Second World War so she just took me along with her. I spent three years in kindergarten! Since I have had a career as an academic, I have spent all but three years of my life in school. I still find it stimulating and exciting. My hope is, as one of the prayers says, that every student may find their school to be a place of sound learning.

God of wisdom, your Son came among us as a teacher. Send your blessing on all who are engaged in the work of education; give them clearness of vision and freshness of thought, and enable them so to train the hearts and minds of their students that they may grow in wisdom and be prepared to face the challenges of life; through Jesus Christ our Lord. Amen. (page 78)

O God, source of all goodness: We give you thanks for the gift of reason and the opportunity for education. Bless our schools, that they may be places of learning and safety where teachers challenge the minds and nurture the hearts of students. Grant that teachers and students may work together in mutual respect and find joy in the challenges of academic life; through Jesus Christ, our Savior and Lord. Amen. (page 78)

Eternal God, bless all schools, colleges and universities (*especially* _____), that they may be lively places for sound learning, new discovery, and the pursuit of wisdom; and grant that those who teach and those who learn may find you to be the source of all truth; through Jesus Christ, our Savior and Lord. Amen. (page 78)

Dear Church Family,

Thank you so much for your prayers and expressions of love and concern during and after my two knee replacement surgeries. I seem to be doing pretty well. It is great to be walking upright again after all those years of compensating for osteoarthritis in my knees. The sanctuary flowers and the basket of daisies from the choir were greatly appreciated. It was a joy to look at the lovely flowers while I iced my knee.

*Sincerely,
Nancy Koch*



SMALL GROUP MINISTRY

Dear friends,

We are pleased to announce that our Small Group Ministry will be expanding starting in the month of September. This is truly a blessing and we pray that our loving Father will continue to bless this ministry so that Small Groups are available for all members and friends of Good Shepherd that would like to participate.

The groups that will be meeting this Fall are:

Thursdays at 9:30 AM	For more information contact Sue Loney or Sharon Oslin
Thursdays at 7 PM	For more information contact Nancy Wolfe or Beth Trebilcock
Sundays at 1 PM	For more information contact Pat Umbrecht or Charlotte Biselis
Sundays at Noon	For more information contact Abby Wolfe.

The Thursday Small groups will study the book *An Altar in the World: A Geography of Faith* by Barbara Brown Taylor. The author is an ordained Episcopal priest, a professor of religion, an acclaimed writer, and a well known preacher. In this book she considers the potential of finding the sacred in the ordinary activities of daily life. A reader's review on amazon.com notes, "This book will woo you away from being dry and dead and stuck and bored and open you to being more alive." **The Thursday groups will begin on September 9th.** The morning group will meet at Sue Loney's home and the evening group will meet at Nancy Wolfe's home.

The Sunday 1 PM "Parlor Group" will start **September 19th** and will meet every other Sunday in the Church Parlor and will be co-led by Pat Umbrecht and Charlotte Biselis.

The Sunday Noon group will start **September 5th** and will be a walking group named "Walking with Jesus". They will meet at the Church. Their goal is for everyone to tell us what they see while walking. This will give each of those in the group an ability to see what others see and to open our eyes to the gifts which God has so freely given to us.

In addition, a planning team has been organized to start a Men's Ministry at Good Shepherd. The planning effort will start early September. Put your name on the "Count Me In" slip in the Sunday Bulletin if you wish to participate in this planning effort.

- Sharon Oslin and Chet Norstrom



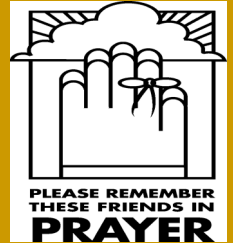
HEAR YE! HEAR YE!

Hearken all ye who would ring the bells.

The Memorial Ringers' first rehearsal of the year will be September 9th at 6:30pm. If you have never rung handbells before, but would like to give them a try, join Margaret Love at 5:30pm for a pre-practice trial run. Who knows; you might have some fun. The Memorial Ringers work hard, but they do manage to get in a laugh or two. Please call Margaret if you have any questions.



PRAYER LINE REQUESTS



PRAY FOR:	CONCERN:	REQUESTED:
SETH BLOOM		Janet James
RACHEL DELUCA	Motorcycle Accident	Bob Moyer
PATRICIA DILLON	Brain Cancer	Nancy Wolfe
KIRK HAMMOCK	Breast Cancer	Mimi Olson
LINDA LARKIN		Self
LISA MOTTER	Breast Cancer	Sally Heinz
NICOLE O'BRIEN	Blood Infection	Donna Harris
JAMES PERSOLEO	Colon Cancer	Carol Lee Waslick
MEGAN PIERCE	General Well Being	Janet James
JUNE ROBINSON	Fall	Debbie Sheridan
HARRIET SHEALY	Continued Care	Pastor Kathy
OTIS SHEALY	Continued Care	Self
WALT SPEAKMAN	Neurological Condition	Phyllis Bierstedt
NANCY WILSON	Liver Problems	Susan Wendt

Friends & families of those persons removed from the prayer line thank everyone for their prayers and concerns.

Prayer requests may be made by calling Pastor Bob or Pastor Kathy at the church office, (302) 478-3030.

Congratulations!

Kylee Patrice Klesius, son of Kent and Mary Klesius and granddaughter of Ralph and Lee Klesius, received the sacrament of Holy Baptism on August 29th. Kylee was born on April 29, 2010.



MUSIC

There are two items I'd like to share. First is a report on the choral life of Americans and the second is a poem/hymn text.

If you enjoy singing with your neighbors, congregation, or classmates, you're taking an increasingly popular path to a successful life. On December 10, 2009, the National Endowment for the Arts released its 2008 Survey of Public Participation in the Arts (SPPA). According to the study, an estimated 42.6 million adults and children regularly sing in choruses today, and 32.5 million of those are adults! Singing in one of the 270,000 choruses in the U.S., such as a community chorus or a school or church choir, is strongly correlated with qualities that are associated with success throughout life, the study finds. Greater civic involvement, discipline, and teamwork are just a few of the attributes fostered by singing with a choral ensemble.

(Chorus Impact Study, Chorus America, 2009)

*When in our music God is glorified,
and adoration leaves no room for pride,
it is as though the whole creation cried
Alleluia!*

*How often, making music, we have found
a new dimension in the world of sound,
as worship moved us to a more profound
Alleluia!*

*Let every instrument be tuned for praise!
Let all rejoice who have a voice to raise!
And may God give us faith to sing always
Alleluia!*

(Fred Pratt Green, 1972)

Add the basic secular advantages of choral singing to the spiritual benefits of choral singing and the outcome is clearly a winning formula toward life in harmony with our God.

We warmly welcome new singers of every voice part in our choirs at Good Shepherd. The same benefits and opportunities equally apply to instrumentalists. Our Instrumental Ensemble and Handbell Ringers are always looking for new players.

Senior Choir

Senior Choir sings weekly at the 11:00 AM service. We practice on Thursday evenings from 8:00 to 9:30 PM. Sunday morning warm-ups begin at 10:30 AM. We return to worship as a group on Sunday, September 12. Our evening rehearsals will resume on Thursday, September 16.

Youth Choir

Youth Choir practices on Sundays between services from 9:00 to 9:30 AM. We will look toward singing once a month in morning worship. Youth Choir is for singers in grades 7 through 12. Please join us for our first rehearsal of the season on Sunday, September 12.

Instrumental Ensemble

Our instrumental ensemble is an inter-generational group of wind instrument players. We range from intermediates through professionals, teens through retirees. We present music in worship for special occasions and rehearse accordingly.

Junior Choir

We are pleased to announce a return of Junior Choir this year. Carolyn Bateman and Michelle Craley have agreed to lead this endeavor. This is an idea in progress. The name "Junior Choir" may not remain as a part of this effort. It will be a part of the Sunday School opening exercises that focuses on specified occasions for bringing young singers to sing for the worship assembly. Please stay tuned for more on this and please contact Carolyn or Michelle for information, ideas or offers of support.

For answers to any questions, please call David Bowsbey at 761-0536 or email dbowsbey@yahoo.com.

David Bowsbey
Director of Music



Get Ready for the Hunger Walk/Run

September is Hunger Action Month and our annual Hunger Walk/Run on **September 18** in Rockford Park is one way you can get involved. LCS food programs helped over 55,000 people in 2009 and the demand for help is even stronger this year. The Hunger Walk/Run is the single largest piece of funding for our emergency food programs and therefore critically important to keeping our pantries open. Here are some exciting things about this year's event:

- 18 & Under Competitive Run – Anyone age 18 or under can enter the competitive 5K race portion of the Hunger Walk/Run. They'll get a free t-shirt (for the \$15 registration fee), special prizes, and medals for the top finishers.
- 1 Mile Walk and Talk – For anyone not up to the full 5K event. Eligible for all prizes.
- Food Drive – Remember the Walk/Run is a food drive too! Bring cans and boxes.

For the second year in a row, Good Shepherd and St. Marks have challenged each other and teamed up to attain a joint goal of a total of 150 run/walkers! They are also recruiting a **Green Team** – people who are willing to have their hair/heads dyed green if they reach their goal of 150. Other churches might want to consider similar challenges. If the St. Mark's-Good Shepherd experience is a fair indicator, competition works to increase participation.

Hilltop Lutheran Neighborhood Center

There's good news and bad news from the Hilltop Lutheran Neighborhood Center. As summer winds down, we are happy to report that both the United Way and the State Legislative Grant in Aide Committee saw fit to continue their financial support of the Center in fiscal 2011.

United Way of Delaware will grant \$19,000 for Youth Services and \$18,000 for Child Care. Meanwhile, the State Legislature will contribute \$98,000 to the Hilltop Center. We greatly appreciate the support from both United Way and the State Legislature.

United Way's grant was a "modest reduction from last year", according to Hilltop Executive Director, Jea Street. "In 2009, we received \$85,000 for Youth Services and \$35,000 for Child Care. While I am not happy about this," Jea said, "I am pleased that we have obtained funding from other services to continue our programs and services."

Jea said the Legislative grant was a reduction from last year too, but not unexpected. "It was a ten percent reduction, consistent with most others."

Hilltop Board of Directors President, Tom Krapf agreed, saying the Center can weather this economic storm. "I believe that we can survive this cut without drastic action."

As your congregation begins its budget writing process, please consider increasing your contribution to the Hilltop Lutheran Neighborhood Center in 2011. The children of Wilmington need your support more than ever.

*The Hilltop Lutheran Neighborhood Center
Board of Directors*

FAMILY PROMISE

Good Shepherd completed our second week of hosting for Family Promise and this time we had four families with a total of 13 people. During the week, we converted 4 Sunday School rooms to bedrooms and then converted them back. We provided 21 meals and countless snacks, we bought food to stock our kitchen, we made 15 trips with the van between Good Shepherd and The Family Promise Center, we provided overnight hosts (male and female) for 7 nights, we provided activities for the children on all the weekend nights and played games with the children most of the evenings. All of this didn't happen without a whole lot of support from our congregation. Thank you all for making this possible. We need your active involvement, your prayers and yes, your financial support. We especially want to thank Pastor Bob and Pastor Kathy for their active support of this program.

Visit From St. Mark's Lutheran Church

A delegation from St. Mark's Lutheran Church came to Good Shepherd to observe the Family Promise operation and to have a discussion about the program. They left our church impressed with our facility and the operation of our program. They need to decide if Family Promise would be a good fit for their congregation and, if so, whether they would want to be a host congregation or a support congregation.

Expenses from our last hosting

The Social Ministry Committee is in the process of proposing a budget for 2011 and has asked Family Promise for input. If you have reimbursable expenses from our last hosting, please put them in the Family Promise box in the church office. This will allow us to have a better understanding of our expected expenses.

Next Hosting

We are scheduled to host again starting October 24 and December 19 (including Christmas Day). Due to the holiday, sign up sheets for both the October and December dates will be posted in early October. This will give you time to think about your availability during the Christmas season.

Good Shepherd is tentatively scheduled to host on the following dates in 2011:

March 13, 2011...June 26, 2011...September 18, 2011...November 6, 2011

HEALTH MINISTRY

Here is a quick tip to take a moment to slow down in this often too busy world...Be Still – Not Stiff

Think of meditation as an attempt to tame this wild and furtive creature we sometimes call the soul. Like an undomesticated animal that's easily spooked by noise, your high-strung virtual self goes scampering away as soon as there is static in the air. Before you can come near this shy animal – your inner stray cat, so to speak – learn to tread lightly. Approach meditation as mindfully as a feline exploring new territory.

- Either sitting in a chair or standing, alternately press the toes of your right foot and left foot lightly on the floor to establish contact with the ground.
- Mentally draw a line that connects the top of your head with your right toes.
- Draw another line that connects the top of your head with your left toes.
- Imagine that these lines are rubber bands. Stretch them a bit. Test their resiliency.
- Keep tugging at these head-to-toe tethers. Don't lose your elastic connection to the floor – or to your head.
- Now you can sit quietly. But don't let your body slacken or go still. Put a bounce in your seat.
- Don't try to entrap your mind. Harness it with the stretchy rubber bridle of your attention.

LUTHERAN CHURCH OF THE GOOD SHEPHERD

1530 Foulk Road

Wilmington, DE 19803

(302) 478-3030

E-mail: goodshepherd@cavtel.net

On the web:

www.goodshepherd-wilmington.org

Sunday Worship

8:00 & 11:00 AM

**Reminder....Sunday worship will
resume at 8:00 am and 11:00 am
on Sept. 12th**

Church Staff:

Pastors: Bob and Kathy Ierien

Youth Minister: Katie Mulrey

Secretaries: Susan Wendt, Chris Otto and Sandy Andrews

Church Council President: John Crum

Director of Music: David Bowsbey

Handbell Director: Margaret Love

Parish Administrator: George Huemmrich

Parish Nurse: Heidi Preisendanz

Sexton: Bob Moyer

Volunteer Ministry Coordinator: Nancy Griffith

Voice Editor: Nancy Huber

Note to Contributors:

For the next issue, please turn in your articles by September 15th. If you would like to send a contribution by e-mail, please send an attachment in Word to

nancyhuber@comcast.net